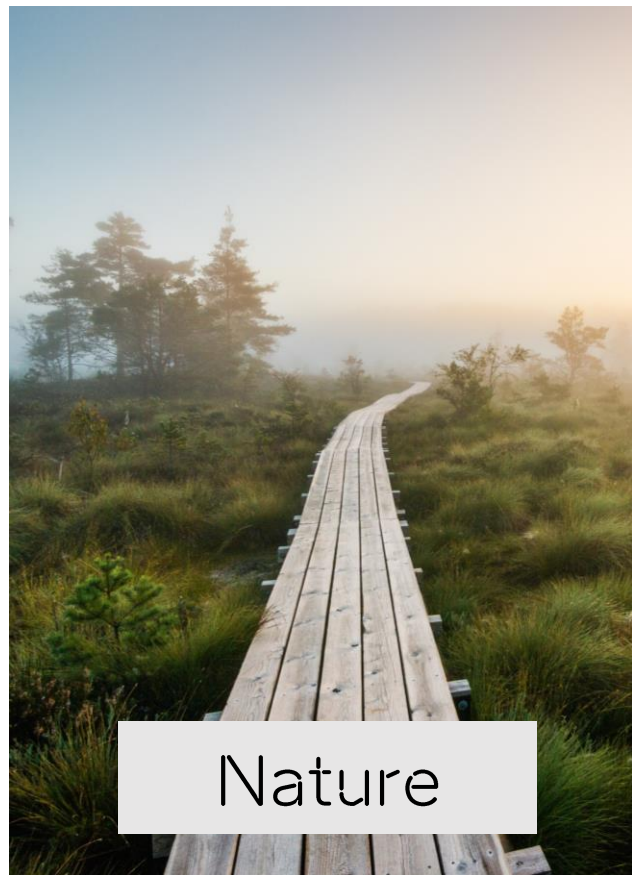




TRAVEL DESTINATIONS SAAREMAA & HIIUMAA

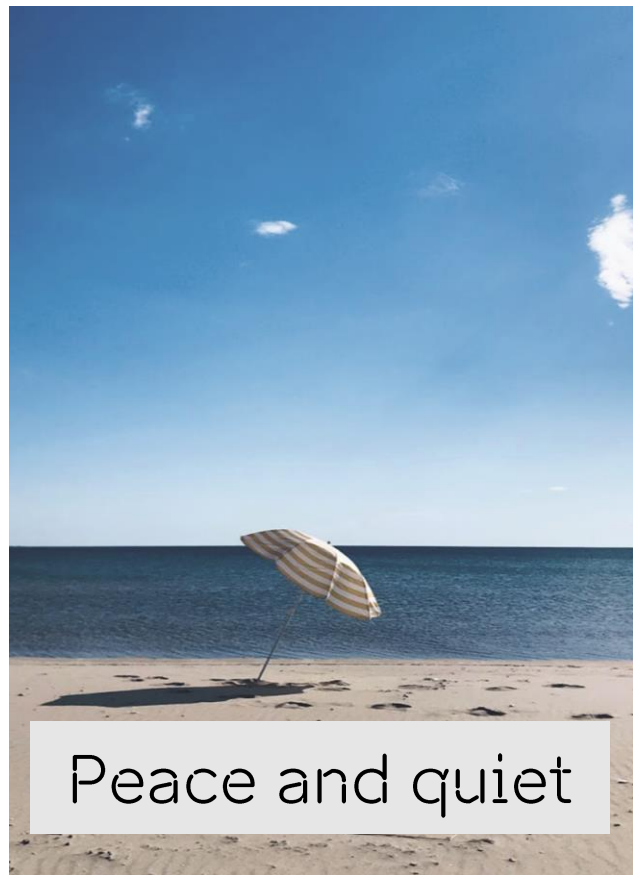
WHAT PEOPLE LOVE THE MOST ABOUT THE ISLANDS?



Nature



People



Peace and quiet

TRANSPORT CONNECTIONS

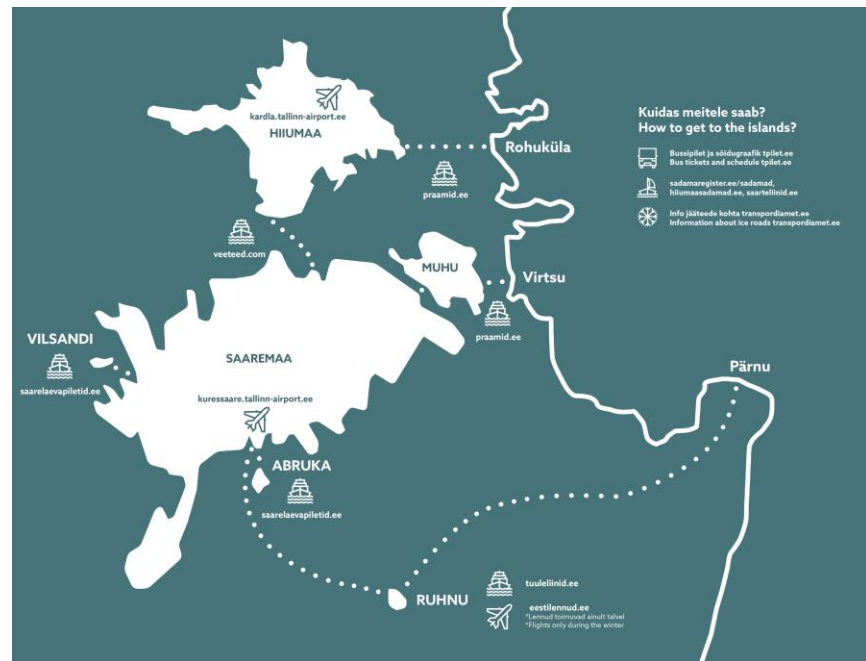
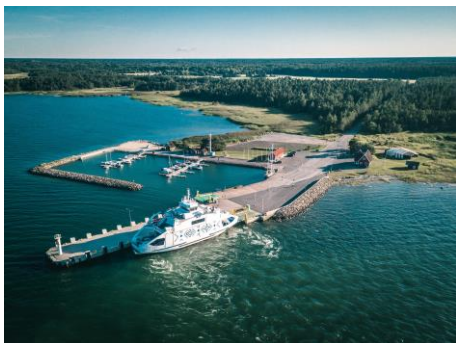
From Tallinn to Kuressaare:

4 hours by car/bus

Including a 30-minute ferry ride

30 minutes / 30€ by plane

Cruise ship harbor



ISLAND HOPPING

visit
saaremaa

2317 islands
in Estonia



Muhu

Saar, kus aeg peatub
An island where time stands still

muhu.ee/turisminfo
turism@muhu.ee



Saaremaa

lidne ja moodne korraga
Ancient yet modern

visitsaaremaa.ee
info@visitsaaremaa.ee
Facebook: [visitsaaremaa](https://www.facebook.com/visitsaaremaa)
Instagram: [@visit_saaremaa](https://www.instagram.com/visit_saaremaa)



Vilsandi

Saar, kus loodus lobbab
An island where nature thrives

www.loodussegakoos.ee/kuhuminna/rahvusparkid/vilsandi-rahvuspark
info.vilsandi@rmk.ee



Ruhnu

Liivi lahe pärl
The pearl of the Gulf of Riga

visit.ruhnu.ee
ruhnu@ruhnu.ee



Hiiumaa

Väga saar
An island with a powerful essence

hiiumaa.ee
hiiumaa@visitestonia.com
Facebook: [visithiiumaa](https://www.facebook.com/visithiiumaa)
Instagram: [@visithiiumaa](https://www.instagram.com/visithiiumaa)



Abruksa

Džungel kiviviske kaugusel
Kuressaarest
A hidden jungle on a small island near Kuressaare

abrukainfo.eu
abruka.raamatukogu@saare.ee



NATURE



Interesting facts:

- Saaremaa and Hiiumaa are part of UNESCO man and biosphere network
- Saaremaa and Hiiumaa are among Green Destination's TOP100 destinations
- There are 36 wild orchid species growing on Saaremaa and Hiiumaa

ACTIVITIES IN THE NATURE

visit
saaremaa



- Seal-watching boat trips
- Wild orchid nature tours
- Foraging trip to the forest
- Horse riding
- SUP boarding (in the bog)
- Bike tours
- Kayaking trips
- 234 km marked hiking routes
- To the sea with the fisherman
- Cruises on coastal waters by traditional wooden sailships

From Mud to Wellness

1824

first Estonian mud-resort
on Saaremaa

1840

first mud resort in
Kuressaare

1883

three mud resorts in
Kuressaare

1978

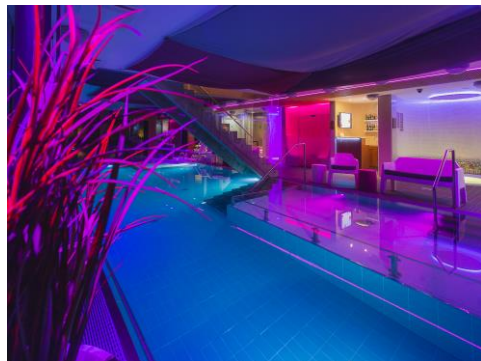
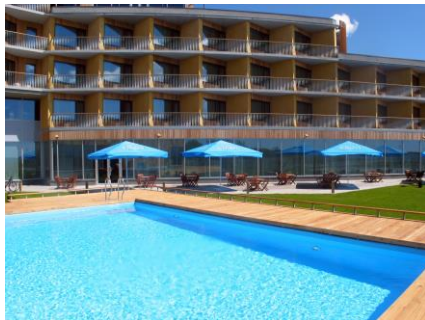
first modern resort in
Kuressaare

2000

first wellness spa in
Kuressaare



SPA & WELLNESS



Fun facts:

- First Estonian mud resort (historical version of a spa) was opened on Saaremaa at 1824
- There are about 400 different treatments in Saaremaa spas.
- Red algae, herbs and sand from local beaches are used in spa treatments.

FOOD



Interesting facts:

- 10% of the Estonia's best restaurants are on Saaremaa and Muhu
- The traditional salty dish *pannileib* and traditional Muhu dessert *apurokk* are both made of potatoes
- Hiiumaa offers traditionally lamb and flounder fish. But also "äkinne" - very fresh and salty fish food

FOOD EXPERIENCES



TASTINGS

- Wineries / Idea farm, Muhu farm winehouse
- Homemade farm beer / Pihtla breweries
- Gin / Daghait
- Schnapps / Saaremaa windmill
- Juniper syrup / Kadakasiirup
- Gin and Aqvavit OUK distillery

SPECIAL DINNERS

- Medieval dinner in Kuressaare castle
- Kuressaare street picnic
- Restaurant Week (2 times a year)

SAARE.EVENTS

Interesting facts:

- A temporary opera house with 2000 seats, red carpets and chandeliers is built for the week of Saaremaa Opera Days.
- The table row on the main street of Kuressaare during Kuressaare street picnic is 2 x 500m long and seats about 4000 people.
- Hiiumaa Home Cafe Days tradition started 2007 and is still on of the highlights in events calendar



FOOD EXPERIENCES

visit
saaremaa



WORKSHOPS

- Fish at Tihemetsa farm
- Ice-cream at Saksa farm shop
- Mustard at Mustjala Mustard
- Cooking lessons at Kena Köök

- Saaremaa food festival
- Hiiumaa home café days

- LOCAL PRODUCTS
marked with quality label
„EHTNE” and Hiiumaa green
label



SAAREMAA EVENTS 2025

visit
saaremaa



- 7.-11.01 Vanemuise theater festival
„Cultural Wave Across the Sea“
- 17.-23.03 Saaremaa restaurant week
- 18.-20.04 Saaremaa bubble fest
- 24.-25.05 Kuressaare Street Festival
and garage sale
- 1.-30.06 Saaremaa Peony Festival
- 24.06 Midsummer day
- 10.-13.07 Juu Jäab festival in Muhu
- 12.07 Saare ARTfest
- 12.-13. 07 Open farm days
- 17.-20.07 I Land Sound festival
- 22.-27.07 Saaremaa Opera Days
- 05.-09.08 Kuressaare Maritime Days
- 5.-14.09 Saaremaa Food Festival
- 06.09 Kuressaare street picnic

SAAREMAA EVENTS 2025

visit
saare-
maa



- 31.05-2.06 Saaremaa chess festival
- 31.05 5. SunRun 2025
- 19.07 Abruka sea marathon
- 25.-26.07 Man over board wakeboard competition
- 10.-11.10 Saaremaa Rally
- 17.-19.10 Saaremaa Three Day Run

HIIUMAA EVENTS 2025

visit
saare-
maa



Hiiumaa Restaurant Week (Spring) 12-19 April

Tuulekala Festival 31 May

Sõru Jazz 12-15 June

Suuremõisa castle days 20-21 June

Old vehicle race 21-22 June

XX Hiiu Folk 10-13 July

Home Cafe Days 31 July -2 August

XIV Pühalepa Music Festival 1-3 August

Hiiumaa Restaurant Week (Autumn) 18-25 October

Day of Glögi Cafes 6 December

SAAREMAA TOP ATTRACTIONS



- Kuressaare castle
- Kaali meteorite crater
- Panga cliff
- Angla windmills
- Sõrve lighthouse



HIIUMAA TOP ATTRACTIONS

visit
saare-
maa



- Suuremõisa castle
- Kõpu lighthouse
- Säaretirp
- Kärdla meteorite Crater
- Tubala pile
- Kalana and Ristna surf waves



NEW PLACES TO ENJOY



RELAXING EXPERIENCES

- Bottengarn Kuressaare / 2025
- Sörwe Spa / 2024
- Saaremoor bee therapy / 2024
- Hoia nature spa / 2023
- Hundi Holiday House
- Pähkli Primeval Hut – Green Key 2024

NEW PLACES TO ENJOY

visit
saaremaa



FOR BODY AND SOUL

- Muhu handicraft hub / 2024
- Saaremaa peony gardens
- Pilguse manor and
ÖÖD houses
- Lavender Farm (Hiiumaa)

NEW PLACES TO ENJOY

visit
saare-
maa



FOR HISTORY FANS

- Saare (military) park / 2024
- Saaremaa rally park / 2024
- Exhibition at Asva viking village / 2023
- Exhibition „Back to the Soviet time“ at Saare KEK museum



NEW PLACES TO ENJOY

visit
saaremaa



WITH THE FAMILY

- Saaremaa zoo / 2023
- Lambakogu / 2023
- Asva Viking village
- Medieval Activity Center Archebald
- Lamb therapy (Hiiumaa)
- Käina Karting track (Hiiumaa)
- Paluküla Bike tracks (Hiiumaa)

NEW PLACES TO ENJOY

visit
saare-
maa



ACTIVE HOLIDAYS

- Saare bowling / 2025
- Saare Ballz / 2025
- SihiRA shooting range / 2024
- Yacht trips / 2024
- Saaremaaloodusretked canoe trips / 2024
- Saare surf SUP rent / 2024
- Saareseiklus Enduro bikes / 2024
- Torgu Jet rent / 2024



An islander, writer
Jüri Tuulik has said:

Saaremaa is not only a
geographical point in the
Baltic Sea – it is a
spiritual condition, which
will never leave those
who have felt it.